

Core Value: Rooted In Scripture

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Memorize a Familiar Passage of the Bible

Think about a passage from the Bible you are familiar with and would like to gain deep knowledge of through memorization and reflection. It might be Psalm 23, John 3:16-17, Romans 8:37-39, Proverbs 3:5-6, or some other passage.

Write the passage reference here:

Write the passage in the space below. Don't type it; write it out. (This helps lock the words in your mind and heart.)

Write down a few truths in this passage that strike you.

Memorize the passage. Take as much time as you need: days, weeks, or a month. Go over it many times every day. Say the words out loud. You might want to record yourself reading the passage on your phone and listen to it. You can even say the words out loud as you listen to your recording. Let the passages' truth and message fill your heart and mind.

Core Value: Earnestly Seeking God*Try Keeping a Prayer Journal*

You can do one or more of these simple exercises with pen and paper in a journal, or you can create an electronic journal on your phone, tablet, or computer. If you keep an e-journal, consider putting your device in airplane mode while you journal so you don't get distracted.

Idea: Write down 3 single-sentence prayer of thanks for things God did the previous day and for the ways he provided, protected, showed his grace, or anything else you are thankful for.

Idea: Read a portion of Scripture and write a prayer out of whatever you learned by reading God's Word.

Idea: Write down a list of people you long to meet Jesus, receive his grace and friendship, and follow him as the leader of their lives. Pray for each person daily and write down ways you believe God wants you to share his love and truth with them.

Idea: Write down names of God found in the Bible and a brief prayer praising him for what each name reveals about his character.

Take a Walk with Jesus

Take a twenty- to thirty-minute walk alone with Jesus. As you walk, lift up this simple prayer: "Lord Jesus Christ, teach me to worship you in Spirit and in truth."

Each time you pray these words, reflect on what it means to worship in the Spirit, what it means to worship in truth, and what it means for you to be a worshiper. Then pray this simple prayer again, reflect, and wait on the Lord.

When you are done with your walk, write down anything you feel the Lord has brought to your heart and mind.

How can I worship in the Spirit in deeper ways?

How can I worship in truth in deeper ways?

How can I grow as a worshiper?

Core Value: Natural Outreach*Regular and Passionate Prayers*

List all the people you love who are still far from God. Keep this list in a journal or a private note in your phone. After the list of names, write down these prayer ideas:

God of love, soften their hearts to your grace and care.

Lord of power, silence the enemy and remove his influence in their lives.

Spirit of God, tenderly draw them to yourself.

Heavenly Father, bring your children home to your arms and heart.

Lord Jesus, give me courage to join you on your mission of seeking and saving each of these people.

Lord of the harvest, send more and more workers into your harvest fields, starting with me.

Core Value: Engaging Relationships*A Rhythm of Community*

In a busy and fragmented world, establishing a rhythm of community is essential. Being a part of a small group is a great way to do this. Attending worship services is also a great blessing. List five or six ways you can develop a weekly, monthly, or quarterly rhythm of gathering with Christian friends and co-travelers.

Ideas for regular community with believers:

Core Value: Wholehearted Generosity*Read, Reflect, and Meditate*

Every day for a week, read the following passage three or four times. Read prayerfully. Read slowly. Reflect on each idea and exhortation. Let the themes turn over in your mind and heart through the day. Then do it again the next day. Keep a simple list of the lessons you sense God is speaking to your heart.

1 Timothy 6:6-12: “But godliness with contentment is great gain. For we brought nothing into the world, and we can take nothing out of it. But if we have food and clothing, we will be content with that. Those who want to get rich fall into temptation and a trap and into many foolish and harmful desires that plunge people into ruin and destruction. For the love of money is a root of all kinds of evil. Some people, eager for money, have wandered from the faith and pierced themselves with many griefs. But you, man of God, flee from all this, and pursue righteousness, godliness, faith, love, endurance and gentleness. Fight the good fight of the faith. Take hold of the eternal life to which you were called when you made your good confession in the presence of many witnesses.”

Core Value: Equipped For Ministry

Wash a Foot a Day (or Maybe a Pair of Feet)

For one week, do all you can to offer a large or small act of unexpected service to one person who does not yet follow Jesus. Keep a short journal for the week.

If any of these people ask you why you served them as you did, be ready to share what you are learning about Jesus as a humble servant and his call for you to follow his example. If they ask more questions, talk about how Jesus has served you with his life and how he wants to serve them as well.

Day 1

Act of service

How the person responded

What happened in my heart as I served

Day 2

Act of service

How the person responded

What happened in my heart as I served